

# Gahanna Lincoln Baseball



Together As One

- On the Field • In the Classroom • In the Community

*~Vicarious Joy~*

The ability to feel happy about other people's positive experiences and success.

Take this and apply it within your team.

# Program

## -Discipline-Communication-Organization-Fundamentals-

### DISCIPLINE

We will strive to instill discipline both on and off the field. We ask all players to DO RIGHT. We want all the players to understand that we are not just trying to teach baseball, we are trying to develop life skills, and baseball is a great way to learn those skills. To be successful in life, players must develop self-discipline and mental discipline to be successful. We want players to understand that there are always consequences for their actions and to take responsibility for their actions and never transfer blame or make excuses. We will be consistent and fair with all players concerning disciplinary actions.

### COMMUNICATION

Communication breakdowns are the downfall of many organizations and businesses. We want to make sure that all is understood and that everyone is clear on what is expected and how things are to be done. If any issue arises, please see a coaching staff member(s) and we will gladly do what we can to resolve the problem if possible. Below are some details regarding communication for Practice/Games:

#### Practice-Late

Notify **YOUR** Coach as soon as possible regarding time and situation.

#### Practice-Miss

Notify **YOUR** Coach with 24 Hour Notice

#### Game-Miss/Late

Notify **YOUR** Coach as soon as possible regarding reason and timeframe.

### ORGANIZATION

Organization is a key element of a successful endeavor. We will strive to make sure that every practice, and every event that we encounter is organized and well thought-out. Our goal is having our practice plan out to players prior to practice so that they know times and expectations for the day or week.

### FUNDAMENTALS

We strongly believe that coaching is teaching and teaching is coaching. We will strive to teach every young man in the program the fundamentals of the game as well as the game itself. We will strive to work within the framework of everyone to establish what is best for them and the team. We do not believe that everyone should look identical or be cloned. We will teach fundamentals, not style.

# PLAYER

By being in **OUR** baseball program, there will be high expectations placed on you. There will be times when you cannot do your own thing. The following items are in place to make you a better person and promote the image of **OUR** baseball program. If you cannot follow these policies, then you will be disciplined or dismissed from the program.

## - **Rule 1**-Be A Good Teammate

-Be on time for all baseball related activities

-Practice at game speed-We cannot coach EFFORT, but we will motivate to improve effort

-Be properly dressed at all times

-Be coachable and keep an open mind.

-Accept your role on the team- If you do not like it, work harder to change it.

-Do not transfer blame or make excuses. It is not allowed.

-Do not question coaches on the field- We will meet privately to clear up any misunderstandings.

-Disrespect for coaches, faculty, or staff will not be tolerated.

-Do not throw equipment. Even if it is yours it will result in disciplinary action.

-Hat will be worn forward on the field and at baseball related activities

-Handle Hard Better!- Don't look for the easy way out. Everything you want is on the other side of Hard.

-You will follow the Gahanna Athletics High School Code of Conduct

-Playing time: If you have questions about playing time, the questions should reflect you only and be addressed with two or more coaching staff members and/or Athletic Director

-Lead by example on and off the field.

-Be an example and set the standard high for future Lions to follow.

-DO NOT do anything that will embarrass your family, the program, your coaches, or yourself.

I agree to the expectations and qualifications that are set on my behalf as a Gahanna Lincoln Baseball Player. I will fulfill expectations that my school, coaches, and baseball program have set for me, and will be the best student athlete that I can be for the entirety of the season.

Player Name: \_\_\_\_\_

Player Signature: \_\_\_\_\_

Parent Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_